



Skill Referent Model

Please complete the following analysis using a skill from your practice plan. Please do NOT use the Hit.

<i>Sport: Field Hockey</i> Field Hockey		<i>Context: Competition Introduction</i>	
SKILL	OUTCOME	Key Performance Indicators / Factors	
Observed how / where?			
Analysis of Causes	Indicators of Success (KPI)	Common Errors (GAPS)	Interventions/Verbal Cues
Equipment Examines sport specific equipment that could be a limiting factor on the performance. E.g. poor footwear, poor fit, etc.			
Environment Examines any environmental factors that could lead to performance deficiencies? E.g. Surface, weather, lighting, pollution etc.			
Affective Examines internal factors that could be related to the performer's perception of the task, performance or activity. E.g. fear, motivation, interest, etc.			
Cognitive / Mental Examines factors that relates to the performers thoughts or thought processes that are used to execute a given task or action. E.g. Lack of understanding, confusion, choice of decision, concentration cue recognition, perception etc.			



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SKILL	OUTCOME	Key Performance Indicators / Factors	
Analysis of Causes	Indicators of Success (KPI)	Common Errors (GAPS)	Interventions/Verbal Cues
<p>Physical / Motor Examines the physical abilities that could have limiting affects on the performance, task or activity. E.g. strength, stamina, flexibility, speed etc.</p>			
<p>Tactical Examines the intent of the skill execution within the overall strategies that enable successful performance. Asks whether the tactic may be too demanding for the technical skills that are required to achieve the outcome. Eg. Decision Making, principles, skill selection.</p>			
<p>Technical Examines the execution and or biomechanics of skill execution and identifies specific performance factors/goals that are required to achieve a given outcome. Eg. Key Elements, Phases of Movement.</p>			