



PHASE 2- RETURN TO PLAY

As we progress in our phased return to sport, Field Hockey Canada will strictly adhere to the policies and procedures outlined by federal, provincial and municipal governments and public health agencies. It is mandatory that these guidelines be adhered to at all times. As we move into Phase 2, FHC will still require compliance with the two steps outlined in Phase 1 Return to Play:

STEP ONE: WAIVER SIGNED

STEP TWO: ATTESTATION FORM SIGNED

PHASE TWO UPDATE:

This document provides guidelines for FHC NT and NG programs operating in all provinces. As FHC moves to Phase 2 of return to play, we will see the implementation of cohorts. A cohort is a group of individuals that you may interact with, although not necessarily at the same time. For example, a cohort may be made up of up to 4 teams, although only 2 of these teams would be permitted to be in the same place at the same time. Cohorts are formed of individuals and teams of similar age, skill, and geographic location. FHC recognizes there is a difference in the system between BC and Ontario in relation to club-based league play, FHC will work with FHO and Ontario Public Health guidelines to recognize any further formal direction around return to play, and align that with the 2-cohort system.

For further information on creating and managing a team cohort, please visit the following link at Field Hockey BC and view slides 23-37

[CLICK TO VISIT PAGE](#)

It is recommended that when creating a cohort, the following guidelines apply:

- 20 Athletes
- 1 Coach / Leader (required)
- 1 Safety officer (required)
- 1 Umpire (if required)
- 1 TD (if required)

What does Phase 2 mean for Field Hockey athletes?

An individual athlete is permitted to take part in a maximum of two Field Hockey cohorts. For example, an athlete would be permitted to participate in both an NSO and club cohort. If there is a school cohort situation, that is considered separate, as it is outside of the jurisdiction of both NSO and PSO. There will be no exceptions to the two-cohort rule.

As COVID-19 cases continue to rise, the Field Hockey Canada High Performance Department will monitor cases around National Team Training Centres. In the event of an outbreak or a demise in the safety of the training environment, FHC will liaise with stakeholders and if deemed appropriate, the High Performance Director and/or Program Leads will communicate the change in return to Phase 1 or cancellation of all activities to relevant parties.

FHC requests all NG and NT athletes limit their involvement to our clubs, recognizing that at this time of the season, provincial hockey is not the priority and players are largely playing with their clubs in domestic leagues. Note that school cohorts are considered separately to, and out with this consideration.